

Midwest

aturist Gathering

at

OAKLAKE  **TRAILS** est. 1992 ^{naturist park}

where every BODY belongs

April 25-28, 2024

Oaklake Trails Naturist Park

24601 Milfay Road #1, Depew, OK 74028

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the naturist society
Foundation Inc.

Midwest Naturist Gathering

Welcome to Oaklake Trails for the first Midwest Naturist Gathering in 20 years. We hope to see naturist members from all across the country this weekend. Rolf & Cynthia Holbach from California will be here, Mary Storey (*N* consulting editor) and his wife Kathy Blanchard are joining us from Washington, Norma Mitchell is flying in from Tampa Florida and Carmen Hamm and Nicky Hoffman will be driving down from the TNSF headquarters in Oshkosh, Wisconsin. In addition, SCNA Hall of Fame inductee, Bob Morton, will be holding several workshops online.

Oaklake Trails residents and guests will be leading some fun workshops. They are also offering nude hiking, yoga, soap making, jewelry making, and other fun activities.

There are over 400 acres to explore here at Oaklake Trails, so thank you for joining us for a fun-filled weekend.

We are grateful to all of you who offer your insight and expertise in presenting a workshop (or more) at the gathering.

We appreciate all of you who join us as we learn new and interesting things from each of the workshop presenters. The variety and quality of the workshops never cease to amaze me.

Over the years our gatherings have become extended family reunions. We look forward to seeing each and every one of you at this event, and are pleased when some of you venture to Oshkosh and pop in for a visit.

Nicky Hoffman, Carmen Hamm and the entire Naturist Society Foundation Board

Mealtimes:

Breakfast: 7 am – 9 am

Lunch: 12 pm – 1:30 pm

Dinner: 5pm – 7pm

Thursday

8 am Registration begins. Check in for Gathering, get settled in, and wait for the fun to begin. *Office.*

A massage therapist will be working at the pool during the conference. Sign up at the pool with the therapist or check to see if available for a walk in. Cost will be posted with the sign in.

1:30-3 pm Jewelry Class. Make and take jewelry session with *Naked Nate*. Nate manufactures a totally unique collection of beads, charms, and clasps using lathes in his machine shop to create colorful and interchangeable designs. He will share his process and creativity to help you create the perfectly made-in-Oklahoma souvenir. Designs range from \$25 - \$75. *Clubhouse.*

3-4 pm How to feel more comfortable in a socially nude situation, how to help others feel comfortable as well by *Cynthia Holbach*. *Clubhouse.*

4-5 pm Opening Meet and Greet. Come meet your Organizers and Workshop Leaders and the other participants in the Gathering.

TNSF representatives:

Nicky Hoffman - Office Administrator and Editor and more

Carmen Hamm - social media, website and more

Mark Storey - Consulting Editor

Cynthia Holbach - Chair of TNSF Board

Norma Mitchell - Vice Chair of TNSF Board

James Nunn - Treasurer of TNSF Board

Kathy Blanchard - TNSF Board

Kath Rooney - TNSF Board

Clubhouse.

5-6 pm TNSF Lifetime Membership Meet and Greet. Lifetime members and those who have been thinking about becoming a lifetime member should join in this lively discussion. *Clubhouse.*

7-9 pm “Nudels of Nudeland.” Movie written, directed, and acted by *Tim Chizmar*, nudist comedian and ‘Clothes Free TV’ reporter. *Chapel.*



FRIDAY

7-9 am Hike. Meet at *Trailhead #5 near the office.*

8 am Mixed Marshall Arts Water Exercise. *Pool.*

9 am The Law of Attraction Workshop. Yael J. is a Law of Attraction Life Coach as The Universe Whisperer and author of *The World I See Begins with Me, Using the Law of Attraction* (release date TBA). What do you know about the law of attraction? Wouldn't it be nice if life made sense? Yael will assist the group in developing goals through a series of questions that will move each person towards a greater level of understanding about themselves and the world we live in. Specializing in anxiety and mental health, Yael helps people understand themselves, their life and how to use the principles of the law of attraction to create the life they've always wanted-and who doesn't want that?! Cost: Donation-based with *Yael Johnson. Clubhouse.*

10 am Online Presentation: Wisconsin has a Jane Ending! Throughout early 2024, two pairs of legislative bills threatened to sour the milk for naturists and nudists in America's Dairyland. One pair of bills sought to turn nudity into a "strict liability crime," stripping away any reason, justification or excuse for nudity, including political protest! A broad coalition came together eventually, but the path out of the puzzle-house was going to



require naturists, nudists, and bike-riders to follow some unfamiliar-sounding instructions. With *Bob Morton. Chapel.*

10am World Naked Gardening Day. Learn about the history and original aims of WNGD from one of its founders with *Mark Storey. Ballroom.*

11 am Rock and Roll Trivia, Name that Tune/ Movie or Artist with *Rolf Holbach. Game Room upstairs in Clubhouse.*

11 am Raising Orchard Mason Bees. With both honeybees and wild bees having a difficult time in today's climate, learn how to raise your own wild bees. *Kathy Blanchard. Chapel.*

1 pm Writing Workshop. Join *Tom Foster and Dan Hawkins* for exercises on writing about nudity and naturist fiction. Bring something to write or type on. *Clubhouse*

1 pm Pet Therapy: What is it? Can my dog, do it? Learn the difference between a service dog and a therapy dog and how to get that title. *Kath Rooney. Pavilion.*

2 pm Women's Workshop with *Cynthia Holbach and Kathy Blanchard.* Share naturist concerns with other women. *Pavilion or Ballroom* depending on the weather.

2 pm Western Naturist Research Library (WNRL) with *Mark Pavelchak.* What is happening with the Naturist Library Consortium? *Chapel.*

3 pm Online presentation: OKLA-by-golly-HOMA. We're in Oklahoma for this Gathering. The first TNSF Gathering ever in the Sooner State. Why not spend some time looking at legislative developments and quirks of OKLAHOMA? If we have any time left over, we'll drop down and address Oklahoma's "poor relations" south of the Red River in Texas. Should be more fun than we really deserve! *Bob Morton. Chapel.*

4 pm Writing for *N* magazine. How to author an article and how our editors collaborate with writers to produce this stellar quarterly journal with *Mark Storey*. **Clubhouse.**

4 pm How to start and run a non-landed naturist club, including how to add a woman's group. *Rolf and Cynthia Holbach*. **Ballroom.**

5 pm Measuring Serious Offense. A college philosophy instructor offers an analysis of serious offenses as it applies to law and non-sexual public nudity with *Mark Storey*. **Clubhouse.**

7 pm Couples Game. The Newlywed game for non-newlyweds with *Rolf and Cynthia Holbach*. **Clubhouse.**

7 pm Cornhole. All skill levels, club event. **Activities Building.**

8-10 pm Disrobed Movie. Adapted from the play "Barely Proper" done online. *Rolf Holbach*. **Chapel.**

8:30-10:30 pm Meet and Greet. Club Event will include a Beginning Line Dancing class, easy to follow steps and instructions by *Kath Rooney*. Anyone wanting to share a tune, or tell a joke is welcome as well. **Clubhouse.**

SATURDAY

7-9 am Hike. Meet at the *Gazebo*.

8 am Trail walk. This is a self-lead walk. Club event. **Flagpole.**

8 am Mixed Marshall Arts Water Exercise. **Pool.**

9 am Pickleball. Club event. If you don't have your own paddle, the office has some that you can borrow. **Outdoor Pickleball Court.**



10 am Pop Up Make-N-Take Body Scrubs with *Goat Guru Soap Co.* (\$8/scrub). **Clubhouse.**

10 am Joys (?) of Getting Older. Not just a gripe session, but an opportunity to share what helps and how to face physical challenges. *Kath Rooney*. **Pavilion or Ballroom** depending on weather.

11 am Lengthen and Strengthen Yoga with *Lanette C.* **Clubhouse.**

11 am Composting with Worms. Learn how to raise worms for composting kitchen scraps and boosting the health of your garden soil. *Kathy Blanchard*. **Chapel.**

1 pm Disco Party. Club Event for the kids. **Pavilion.**

1:15 pm Group Photo. Meet at the *Pool*.

2 pm. Coed -Women's Workshop. What is appropriate when addressing woman in a naturist setting with *Cynthia Holbach and Kathy Blanchard. Ballroom.*

2 pm U.S. Nudist Books of the 30's. Learn of the many fiction and non-fiction books about organized U.S. nudism published in its formative years. *Mark Storey. Chapel.*

3-5 pm Soap Making Workshop. With *Goat Guru Soap Co.* (\$25/person) due to process. Clothes are mandatory to participate. *Clubhouse.*

3 pm Elysium Publications: History of Photographer Ed Lange's influence on nudist culture through his Elysium Publications. *Rolf Holbach. Chapel.*

4 pm Western Naturist Research Library (WNRL) with *Mark Pavelchak.* What is happening with the Naturist Library Consortium? *Chapel.*

4 pm World Na-Tourism. Open forum on international and national naturist travel with *Will Forest, Tom Foster, Leila West, and Kara Foster. Ballroom.*

5 pm Nudist Trivia: How much do you know about naturist history and culture? With *Rolf Holbach. Game Room, upstairs in Clubhouse.*

6:30 pm Horse Races (a dice game.) Club event. Cost is \$2.00 per race. Bet on 1 horse or bet on all 6. We do 4-5 races and then the final trifecta race. *Clubhouse.*

8:30-11pm Evening Dance. Club event. *Clubhouse.*

SUNDAY

7-9 am Hiking. Meet at *Chapel.*

8 am Water Aerobics, Mixed Marshall Arts and Water Exercise. *Pool*

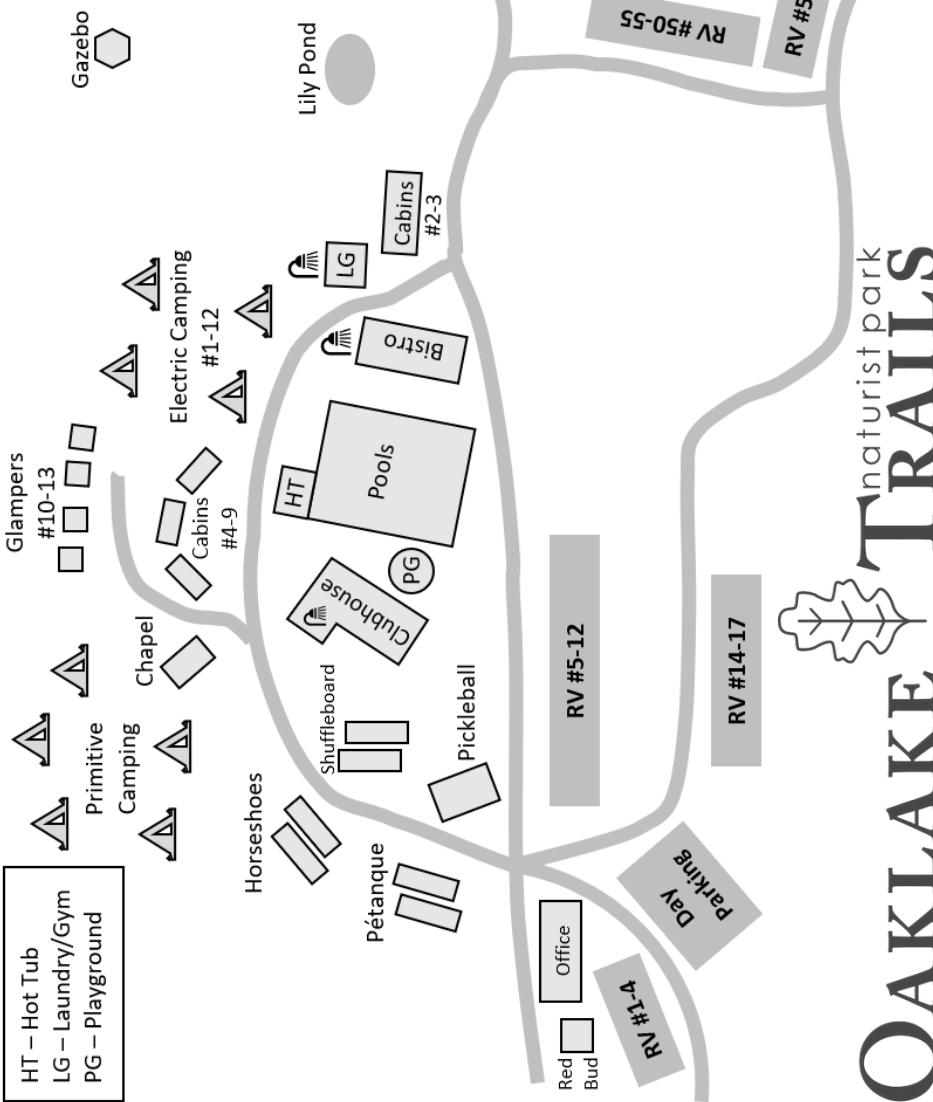
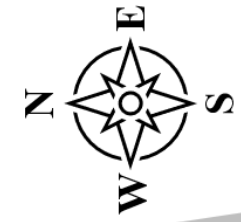
10-12 am Art Class. Pastels: An expert in the art of pastel will be working with a live nude model while demonstrating tips, techniques, and advice. *Clubhouse.*

10:30 am Worship Service. *Chapel.*

11 am Closing Circle. Time for saying goodbye and getting feedback on the Gathering. *Ballroom.*



HT – Hot Tub
 LG – Laundry/Gym
 PG – Playground



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